

**THE
TRAUMA INFORMED**

**FILM
FESTIVAL**

2026

01.10.26

HYDE PARK PICTURE HOUSE, LEEDS

Building on the success of the 2024 and 2025 festivals, the Trauma-Informed Film Festival 2026 will take place on **1 October 2026, at the Hyde Park Picture House, Leeds.**

The festival uses film and creative storytelling to deepen understanding of trauma-informed practice, amplify lived experience, and strengthen collaboration across statutory, voluntary and community services.

The 2026 festival is focusing on the trauma informed principle of **collaboration.**

Who we are:

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Risk and Resilience alongside a collection of people who work for the VCS Alliance, GIPSIL/Engage Leeds, Change, Grow, Live and BARCA – third sector organisations based in Leeds, the wider West Yorkshire area and nationally based.

This came from a Trauma Informed Network meeting that began in 2019. The focus was to introduce and share trauma informed practice across services and systems.

Mission

To create a regionally leading annual festival that promotes trauma-informed practice through creative, collaborative storytelling.

Core Aims

Increase understanding of trauma, resilience and relational practice, strengthen cross-sector and cross-community collaboration and centre lived experience and frontline voices.

Objectives

A minimum of 12 high-quality film submissions, engagement of 5+ new organisations, 100% cost recovery through sponsorship and in-kind support, a virtual festival hosted on the Risk & Resilience website.

Why collaboration?

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Most services in 2026 are facing challenges with **funding and resource management** due to ongoing economical and political hardships.

Working in isolation or silo means that **opportunities are missed** and service users miss out on joined up working and face unnecessary duplication.

Collaboration allows services to flourish, highlights expert skill sets, provides a streamlined approach for service users and helps services get through tough times.

Films

Ideally around the 5-minute mark – but this is a guide to help services, not set in stone.

Subtitles

Subtitles required for accessibility – to be added on post submission by R&R if not on original film.

Consent

Trauma-informed consent and safeguarding mandatory: films can be withdrawn at any point.

Timings

Roughly going to be a three-hour event (12.30–3.30pm) – timings will be finalised closer to time based on number of submissions.

Screenings

Film screenings and reflective discussion will be repeated twice with a break in the middle. This allows for comfort and helps with neuroinclusivity.

Community Led

An inclusive and celebratory atmosphere is prioritised, networking and connecting are encouraged and refreshments provided.

New for 2026: Sponsorship

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By sponsoring the Trauma-Informed Film Festival 2026, organisations directly support trauma-informed practice.

It also shows that organisations are championing community events and third sector organisations across West Yorkshire and beyond.

All sponsors will be acknowledged as partners in building a sustainable, ethical and inclusive creative platform.

Silver Sponsor – £50

Supporter of Trauma-Informed Practice

Ideal for small organisations, community groups and individuals who want to show visible support for trauma-informed approaches.

What's included:

- **Organisation name listed on:**
 - *Festival website sponsor page*
 - *Festival programme (digital)*
- **Acknowledgement on group social media sponsor thank-you post**
- **Recognition as a Trauma-Informed Film Festival Supporter**
- **Priority seating – 3 seats**

Impact:

Helps cover accessibility costs, refreshments and contributor support, ensuring the festival remains inclusive and community-led.

Gold Sponsor – £100

Collaboration Partner

Designed for organisations actively engaged in trauma-informed, cross-sector or co-produced work.

What's included:

- **All Silver benefits, plus:**
- **Logo included on:**
 - **Festival website**
 - **Digital programme**
 - **Selected marketing materials**
- **Named acknowledgement during the festival welcome**
- **Opportunity to provide a short written statement (50 words) on why collaboration matters to your organisation (featured online and on screen)**
- **Advert played before the films**
- **Priority seating – 5 seats**

Impact:

Directly supports filmmaker development activity, ethics guidance and collaborative spaces throughout the year.

Platinum Sponsor – £200

Strategic Festival Partner

For organisations wishing to demonstrate leadership in trauma-informed collaboration and regional impact.

What's included:

- **All Gold benefits, plus:**
- **Prominent logo placement across:**
 - **Festival website homepage**
 - **Event screen slides**
 - **Virtual festival platform**
- **Acknowledgement alongside the Feature Documentary (opening credits or promotional materials)**
- **Verbal thanks during the festival opening and closing**
- **Opportunity to host a small information table at the festival**
- **Priority seating – 8 seats**

Impact:

Supports the production of the 2026 feature documentary and strengthens the festival's long-term sustainability and regional reach.

Why should you get involved?

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**Help something
creative grow.**

**Celebrate in a
way that is
different and
creative.**

**Network and
connect.**

Frequently asked question for video submitters

Do I have to pay to submit? No!

Should I be worried about the quality? Nope, a smartphone and an idea goes a long way!

What can I do if I am struggling with the filming or editing? Contact us, we will help.

What happens on the day?

We show the films, you sit back and enjoy and then you are invited to discuss them on stage (if you wish!)

What happens after the day?

The videos go on the website with your consent (this can be withdrawn at any time!)

Will our video submission be accepted?

As long as it hits our criteria, you're in!

Can individuals submit their own videos?

Ideally, we want submissions from organisations and services but if you feel you have a compelling case for your own video being submitted, get in touch and we shall discuss!

All films must ensure that:

- Re-traumatisation is limited and trauma presented in a sensitive way**
- Any challenging areas involve a trigger warning to allow people to step outside**
- Inappropriate and offensive language is not used**
- Swearing is minimal and in the context of the story/film**
- Consent is gained from all people featured in the videos and reminded that this can be withdrawn at any time. It is the video submitters responsibility to inform the team if this is the case**

Frequently asked question for attendees

**Do I have to pay
to attend?**

Nope, totally free.

**What happens if
I cannot make
it?**

**Let us know so we can re-sell
your tickets.**

**Will there be
refreshments?**

Yep!

What we need from you!

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**Share with your
teams and
partnership
services**

**Pass on our
details to
potential
sponsors**

**Push our
materials on
your socials and
websites**

Any questions **or reflections?**

Contact for sponsorship enquiries and video submissions:

enquiries@risk-and-resilience.co.uk