

Synthetic Cannabinoid Receptor Agonists

Also known as SPICE, MAMBA, HAPPY JOKER, CLOCKWORK ORANGE, LEGALS



The name SPICE came from when people could sell Synthetic Cannabinoids in shops and online. It couldn't be sold as a drug so it was often sold as 'herbal incense'. The name SPICE therefore made sense!

INFORMATION SHEET



SPICE is an umbrella term for a family of drugs known as Synthetic Cannabinoids

MAY 2016

This was when all SCRA was made illegal to buy or supply. Some got upgraded to Class B in 2017. It is almost impossible to work out which one you may have so assume it could be Class B...

200

This is at least how many Synthetic Cannabinoids exist!



SPICE is just as harmful as any other illegal drug and should not be thought of as anything different

When to call 999 for an ambulance:

- Unconsciousness
- Chest pains
- Significant agitation (e.g. pacing around) or aggression, for more than 15 minutes
- Seizures (e.g. a convulsion similar to an epileptic fit)
- Breathing difficulties (e.g. fast breathing rate) for more than 5 minutes
- High heart rate sustained for more than 5 minutes
- Very flushed and feeling very hot even after 5 minutes of rest
- Low or high blood pressure
- Other concerns (e.g. severe headache, chest pain)

There is no safe way to use however if you do;

- Start with small doses. Consider a quantity no larger than a match head.
- Wait before the effects have gone before using some more.
- Avoid using in its own, always with a 'mixer' (e.g. tobacco).
- Avoid use together with natural cannabis or any other drug
- You should avoid smoking through pipes or 'bongs', as it can increase the risk of an overdose or bad reaction.
- Regular use can lead to dependence (addiction) and withdrawal.
- Use can increase anxiety or paranoia. Only use them in an environment where you feel safe and with people you trust. If you suffer from anxiety or mental health problems, avoid using them.