

SPICE initial screening

Do you use SPICE? (a synthetic drug that you smoke) Yes No

Do you use SPICE with other drugs and/or alcohol? This includes prescribed and non-prescribed medication Yes No

Are you always able to stop using SPICE when you want to? Yes No

Have you had a severe reaction that has led to not being able to move, "blackouts" or "flashbacks" as a result of SPICE use? Yes No

Do you ever feel bad or guilty about your SPICE use? Yes No

Do people close to you ever get worried about your involvement with SPICE? Yes No

Have you neglected people or important moments in your life because of your use of SPICE? Yes No

Have you engaged in illegal activities in order to obtain SPICE? Yes No

Have you ever experienced withdrawal symptoms (felt sick) when you stopped taking SPICE? Yes No

Have you had ongoing medical problems as a result of your SPICE use e.g. memory loss, hepatitis, convulsions, bleeding, etc? Yes No

SCORE

DAST – 10 Score	Degree of problems related to drug abuse	Suggested actions
0	No problems reported	No actions
1-2	Low level	Monitor and re-assess at a later date
3-5	Moderate level	Further discussions. Possible referral to substance misuse service. Continue page 2.
6-8	Substantial level	Further support and interventions needed. Advised to get support from dedicated substance misuse service. Continue page 2.
9-10	Severe level	Further support and interventions needed. Advised to get support from dedicated substance misuse service. Continue page 2.

If scored above 2, continue on page 2

SPICE further screening

How I use SPICE:

Smoke in a joint with tobacco

Smoke in a joint without tobacco

Smoke in a joint with another drug (i.e. cannabis)

Ingest it/eat it

Inject it

On its own?

I use it without any other drug (other than tobacco)

I use it with other drugs (cannabis, alcohol, heroin, cocaine, crack, etc)

If yes, I use...

Things I like about SPICE

Things I don't like about SPICE

Things that worry me about SPICE

Things I want to change about my SPICE use

Initial questioning based on DAST-10 (1982) screening tool

Further information: